

Solvay Union Free School District Directory of Community Resources and Services

SEPTEMBER 2024



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Solvay Union Free School District
Directory of Community Resources and Services
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Introduction

The Solvay Union Free School District Directory of Community Resources and Services was developed in collaboration with Solvay Union Free School District's Mental Health and Community Schools Initiatives. Funding was provided by the NYS Office of Mental Health with the aim of increasing awareness and access to school and community-based resources and assistance. To learn more about mental health initiatives and Solvay Union Free School District's implementation and efforts regarding the OMH Grant, please [click here](#) to view the OMH Grant or contact the Solvay Union Free School District Office of Mental Health at 315-487-7061.

The vision for this guide is to strengthen and empower Solvay Families by offering information on relevant topics pertaining to health, stability, and well-being. It is our goal to help improve lives through education, assistance, and opportunities. SUFSD acknowledges that families and circumstances are unique. SUFSD aims to embrace differences, diversity, and cultures with openness, appreciation, and curiosity. Families, family dynamics, and solutions are not "one size fits all." It is from this perspective that mental health challenges, substance misuse disorders, trauma, family functioning, and household management deserve empathetic and effective support. To that end, SUFSD offers both a print and online version of this Directory. Follow [this link](#) to go directly to the index. The Online Directory offers translations in Spanish, Ukrainian, and Arabic.

Revisions and updating of the Community Directory will be ongoing; print revisions and updates will occur annually. For any input or information changes, please contact the Solvay Schools Mental Health Office at 315-487-7061 or email the office at CommunityDirectory@solvayschools.org.

Contents

Introduction	3
Academics and Education	6
Academic Support/AIS	6
Study Halls and After-School Academic Assistance	6
School-based Behavioral, Social & Emotional Supports	6
High School Career Programs	8
Alternative Education	9
Special Education	10
Special Education Continued	11
Special Education and Disabilities Rights and Law References	11
Tutoring	12
Adult Education	13
Language and Literacy	14
Translation Services	16
Libraries	17
Bearcat Athletics	18
Solvay UFSDA Athletics Department	18
Athletic Resources, Training, Family ID, Team Schedules	18
Child Care	18
Employment	19
Pregnancy and Sexual Health	19
Early Childhood Intervention and Parenting Support	21
Domestic Violence Help	21
Addiction Services	
In the event of an overdose or suspected overdose, call 9-1-1	22

Solvay Union Free School District
Directory of Community Resources
and Services

SEPT 2024

Inpatient Substance Abuse Treatment	23
Mental Health Crisis Services	25
988: More than a Number	26
Sexual Assault Counseling, Education and Advocacy	27
Counseling Services	27
Couples and Family Therapy	29
Grief/Loss Counseling and Support	30
ADHD and Autism	30
Office for People with Developmental Disabilities	31
Deaf & Hard of Hearing/Vision Loss Assistance	31
Dental Clinics	32
Medical Insurance	32
Help Paying Medical Bills	33
Emergency Housing	35
Food Pantries	39
Gun Violence	40
Legal Assistance	41
Suicide and Crisis Help	42
Transportation	44
Report Animal Cruelty	45
Central New York SPCA Dog Control	45
Lost or Found Pets	46
Village of Solvay (Town of Geddes) (315)468-2274 ext.8	46
Veterinary Care Assistance Programs	46
Pet Food Pantry	46
Pet Surrender	47

Academics and Education

Academic Support/AIS

Solvay School District accommodates additional academic support within the school day for students who perform (score) below the State standards. As per **Section 100.2 (ee) of the New York State Commissioner's Regulations**. [Click here](#) to read Solvay UFSD's AIS Plan. **Academic Intervention Services** are generally initiated by the School. To learn more about AIS, contact your student's School Counselor.

Solvay School District also contracts with CCSI, Inc. to offer students and families home-based and school-based assistance. Contact your School social worker or counselor to learn more about the **Family Support for Student Success Program, (FS3)** or click this [link here](#).

Study Halls and After-School Academic Assistance

SUFSD provides study periods, homework help sessions, and after-school make-up work/tests during the regular school day or after-school, Monday-Thursdays. Students should arrange extra help or "stay after" appointments with their specific teachers.

School-based Behavioral, Social & Emotional Supports

Family Support for Student Success Program

Solvay School District partners with Onondaga County Department of Children and Family Services/CCSI Inc., to provide year round services for students and families with life challenges. The interventions provided by FSSS are based on the knowledge that every family wants their child to be successful, and every child has the potential for success. FSSS' overall goal is to increase student success by improving family functioning, decreasing risk, ensuring access to needed supports and services, and

increasing parent involvement in their child's education. To connect with services, contact your student's social worker or counselor.

[Promise Zone Specialists](#)

Promise Zone is a school-based (K-12) mental health program that matches students' emotional and behavioral needs with effective, targeted interventions designed to develop skills and increase engagement in instructional time through a multi-tiered system of support. This program is managed by *Coordinated Care Services Inc.*, on behalf of Onondaga County, Department of Children and Family Services, Division of School Based Initiatives. Contact your School Social Worker or Counselor for additional information.

[Social Emotional Learning Interventionists \(SELI\)](#)

Solvay Schools partner with *Peaceful Schools* to provide District-wide student support services. The SELI provides small-group social skill instruction, structured conflict resolution. The SEL Interventionist will support students' social-emotional health and development. Partners with teachers to develop strategies for student success.

High School Career Programs

Solvay UFSD offers accredited career and trade programs through OCM BOCES. Program locations vary. Transportation is provided. See specific program offerings available via the OCM website, (links below) or contact your student's school counselor.

OCM BOCES Career & Technical Education Programs (315-433-2600)

Offers half day instruction for 11th and 12th Graders. To learn more about CTE and Tech Ed, contact your student's school counselor. Program Tours are available.

<https://www.ocmboces.org/cte>

<https://www.youtube.com/watch?v=du3UsVxKXu4>

OCM BOCES New Visions Program (315-433-2600)

6820 Thompson Rd, Syracuse, NY 13211

Intensive Program open to qualifying HS Seniors. Fields include: Criminal Justice, Engineering Professions, and Medical Professions

<https://www.ocmboces.org/teacherpage.cfm?teacher=1262>

<https://www.youtube.com/watch?v=du3UsVxKXu4>

Onondaga Community College Advantage Program

Contact the Counseling and Career Center

<https://www.solvayschools.org/districtpage.cfm?pageid=370>

The OCC Advantage program is a college and career-readiness program offered to entering freshmen at Solvay High School. The program supports the development of skills, behaviors and habits that prepare a student for success in high school, college and career. Students who successfully complete the OCC Advantage program while in high school will be eligible to receive a first semester full tuition scholarship with the opportunity to earn three subsequent semesters at Onondaga Community College. The OCC Advantage is a scholarship applied after any state or federal grants, public or private scholarship or other non- loan financial aid for which a student is qualified is applied to his/her account. Students will be responsible for room and board, books,

supplies, transportation and other expenses outside of full-time tuition and fees at Onondaga Community College.

chrome-

extension://efaidnbmnnnibpcajpcgicfindmkaj/<https://www.solvayschools.org/tfiles/foilder330/OCC%20Advantage%20Website%20Information.pdf>

Alternative Education

REACH Program for 7th and 8th Grade Students (315-453-4473)

4500 Crown Road, Liverpool, NY 13090

REACH is an OCMBOCES Program designed for 7th and 8th grade students who benefit from a smaller, supportive environment and has a focus on pro-social skill building through team work.

<https://www.ocmboces.org/teacherpage.cfm?teacher=1191>

STARS Alternative High School (315-431-8400)

6820 Thompson Rd, Syracuse, NY 13221

STARS is a OCBOCES Program that is geared for students in grades 9-12 who benefit from supportive, smaller class settings and pro-social skill building. Referrals are made via School Principals. To learn more, contact your student's School Building Administrator.

<https://www.ocmboces.org/teacherpage.cfm?teacher=1194>

Home-based Education (315-484-1412)

There are many reasons and special circumstances by which students participate in home-based instruction. When in-person learning is not an option, home-based or home-bound learning becomes compulsory. (School-aged students have the legal right to an education.)

Special Education

Special Education Services are provided to eligible students with specific learning disabilities. A team of qualified professionals make this determination after following a tiered process of testing, assessments and evaluations, sometimes including medical and other professional diagnostic examinations. Accommodations and Interventions vary and are targeted to individual student's specific needs. Common SPED services include enacting of an Instructional Educational Plan, (IEP) or a **504 Plan**, referring to section 504 of the US Department of Education Rehabilitation Act of 1973. To inquire about SPED Services, contact your School's Special Education Department. A formal letter requesting evaluation is usually required.

For more information on Special Education Services click the links provided:

Solvay School District Special Education Department (315-484-1412)

299 Bury Drive, Syracuse, NY 13209

<https://www.solvayschools.org/districtpage.cfm?pageid=395>

Education Advocacy, Arise Inc.

Assistance in navigating special education services, evaluations, entitlements, Committee meetings, hearings, disciplinary action, parent-teacher conferences, resources and interventions, and related paperwork. For more information, go to this website below:

<https://www.ariseinc.org/services/advocacy-services/education-advocacy/>

Special Education Continued

OCM BOCES Special Education Program (315-453-4467)

<https://www.ocmboces.org/specialeducation>

Provides grade school students with extra social-emotional supports and smaller class sizes. Team projects and Team Leaders promote positive learning environments. Social Worker on site. Referrals/Enrollments are made by School Administrators and/or Special Ed. Staff.

OCM BOCES Deaf & Hard of Hearing Program (315-488-9034)

Programs are located in Solvay School Buildings.

Contact Tara Powless, Special Education Administrator

tpowless@ocmboces.org

Special Education and Disabilities Rights and Law References

The following are National Resources to learn more about civil and disability rights and laws:

U.S. Department of Education

<https://www2.ed.gov/about/offices/list/ocr/504faq.html>

Learning Disabilities Association of America

<https://ldaamerica.org/info/eligibility-determining-whether-a-child-is-eligible-for-special-education-services/>

Onondaga County Commission on Human Rights (315-435-3565)

John H. Mulroy Civic Center, 15th Floor East, 421 Montgomery St, Syracuse, NY 13202

The Commission on Human Rights serves a large public demographic to educate, advocate, protect against discrimination, and ensure that civil rights laws and policy is upheld. Click the link to learn more.

<http://www.ongov.net/humanrights/people-disabilities.html>

To file a complaint with the Human Rights Commission online, click the link below. Print forms are also available.

<http://www.ongov.net/humanrights/complaint.html>

Tutoring

MathCrazed (315-552-0980)

Virtual math teacher offering online assistance, tutoring and instruction. Hours 9am-9pm., M-F Fees apply. <https://mathcrazed.com/>

Kumon Math and Reading Centers (Syracuse 315-928-3700)

Other locations call 800-222-6284

4463 E. Genesee St, Syracuse, NY 13214

Fees Apply.

PEACE, Inc. Big Brothers Big Sisters (315-470-3369)

215 Bassett Street, Syracuse, NY 13210

M-F 8:30-4:30

BB&BS programs offer after-school-based programs which include an academic/homework help component. Site-based mentors are also provided.

<https://www.peace-caa.org/programs/bbbs/>

Vineyard Community Center (315-870-3038)

709 North Salina St, Syracuse, NY 13208

Free tutoring in Algebra for all ages by appointment.

Adult Education

OCM BOCES

Literacy and High School Equivalency Programs for ages over 21 yrs.
Full-time Certificate Programs and Part-time continuing Ed. Programs. Business and Industry Training. Tuition Assistance may be available.

<https://www.ocmboces.org>

Syracuse Educational Opportunity Center (315-472-0130)

100 New Street, Syracuse, NY 13202

In-person and virtual tuition free HS Equivalency, College Prep, Healthcare Vocational Programs, Computer/Office Programs. English language learners assistance.

<https://www.syracuseeoc.com/>

Kaplan, Inc.

Online GED Prep, higher Education entry exams, including Graduate and Post-Grad tutoring and test prep.

<https://kaplan.com/>

<https://www.kaptest.com/>

Syracuse City School District High School Equivalency Classes (315-435-4115)

Sidney Johnson Vocational Center

573 East Genesee St, Syracuse, 13202

Flexible class times. Call or complete the CNYLEARNS online form for next steps.

<https://cnylearns.org/business/adult-education-at-johnson-vocational-center-scsd/>

Adult Education Continued

Vineyard Community Center (315-870-3038)

709 North Salina St, Syracuse, NY 13208

Free Adult computer classes held Saturdays 10:30-12:30pm. Call or go online to register.

<https://www.vineyardny.org/cc>

Westside Learning Center (315-435-4013)

422 Gifford St, Syracuse, NY 13202

WSLC offers Basic, Intermediate, and Advanced classes for ESOL, (English for Speakers of Other Languages). Integrated instruction in listening, speaking, reading, and writing English. Group language practice. Vocational English and Training, (VESOL) within Computer and Teaching Assistant Programs. Call or click on the link below for more information.

<http://cnylearns.org/business/west-side-learning-center/>

Language and Literacy

Not sure where to begin?

Literacy CNY (315-420-2355)

100 New St, Syracuse, NY 13202

Volunteers offer literacy instruction, skills and tools to participate in community life.

Digital literacy/basic computer skills and Internet Navigation for adults.

<https://literacycny.org/>

RISE [Refugee & Immigrant Self-Empowerment] 315-214-4480

302 Burt St. Syracuse, NY 13202/710 Kirkpatrick St, Syracuse, NY 13208

Tutoring in math, reading and soft skills for 3rd-12th grade level and early college students. Call or go online for updated schedules and locations.

<https://refugeeandimmigrant.org/program/education-initiatives/>

RISE Virtual/ZOOM English Classes (Register: 315-412-1485)

james@refugeeandimmigrant.org

Beginner Online Class held Mon. & Thurs. 7:00-8:15pm

Intermediate/Advanced English Learners. Mon. & Thurs. 5:30-6:45pm

Syracuse City School District Literacy Zones (315-435-4150)

North, South, and West Area Welcome Centers, Case Managers, Literacy Classes offered. Call the Adult Education Center or click the link for more information.

<https://www.syracusecityschools.com/districtpage.cfm?pageid=425>

Syracuse Northeast Community Center (315-472-6343)

716 Hawley Ave, Syracuse, NY 13203

Offers Beginner English (w/Arabic interpreter) M-W 11:30am-12:45pm

The Newland Center (315-471-1446)

1443 East Genesee St, Syracuse, NY 13210

Offers adult learning, Literacy Programs and Instruction, Career Services, Educational Services, ESL Classes, Group and Independent Learning

<https://www.thenewlandcenter.org>

Vineyard Community Center (315-870-3038)

709 North Salina St, Syracuse, NY 13208

English Conversation Classes. Register online by clicking the link below. Call for up-to-date schedule.

<https://www.vineyardny.org/cc>

Vineyard Community Center (315-870-3038)

709 North Salina St, Syracuse, NY 13208

Free adult **Computer Literacy Classes**. Saturdays, 10:30-12:30pm

Call or go online to register.

<https://www.vineyardny.org/cc>

Westside Learning Center (315-435-4013)

422 Gifford St, Syracuse, NY 13202

WSLC offers Basic, Intermediate, and Advanced classes for ESOL, (English for Speakers of Other Languages). Integrated instruction in listening, speaking, reading, and writing English. Group language practice. Vocational English and Training, (VESOL) within Computer and Teaching Assistant Programs. Call or click on the link below for more information.

<http://cnylearns.org/business/west-side-learning-center/>

White Branch Library (315-435-3519)

763 Butternut St, Syracuse, 13203

Offers beginner English. Tues and Thurs, 2:30-3:20pm (A2 Level) 3:30-4:20pm (A1 Level)

<https://www.onlib.org/locations/city-libraries/white-branch-library>

Translation Services

LaFamilia Translators LLC (315-880-8800)

100 High St.

Syracuse, N Y 13208

Spanish and English interpretation services.

Liberty Translations & Interpreters (315-507-2419)

2000 Teal Ave. Suite #103

Syracuse, NY 13206

<https://www.libertytranslationsllc.org/>

Syracuse Interpreter Circle (315-420-6206)

info@syrinterpreter.com

202 #203 Arterial Rd.

Syracuse, NY 13208

8:00AM-5:00PM, M-F

Our professional and experienced interpreters and translators provide scheduled and emergency Face-to-Face Interpretation and Scheduled Telephone Interpretation in over 20 languages 24 hours a day, 7 days a week.

<https://syrinterpreter.com/>

Libraries

Libraries are great community resources for children and families. Most memberships and programs are free of charge. Each Solvay School Building also has a library and librarian to assist students with literacy, research projects, study resources and references, special interest and career exploration. Visit your local library for book and media loans, Online Renewal of loans, literacy programs, career development, hobby and special interest groups, crafting, history and cultural appreciation events; help with research and projects, online resources, study references, professional journals, study skills, and finding your voice through equal access to technology and publishing. The Solvay Area has two conveniently located libraries:

The Solvay Public Library (315-468-2441)

615 Woods Road

Solvay, NY 13209

<https://solvaylibrary.org/>

Hazard Branch Library (315-435-5326)

1620 West Genesee St.

Syracuse, NY 13204

<https://www.onlib.org/locations/city-libraries/hazard-branch-library>

Bearcat Athletics

Solvay UFSDA Athletics Department

Athletic Resources, Training, Family ID, Team Schedules

Director of Athletics: John Dippold (315-484-1400)

<https://www.solvayschools.org/athletics>

Child Care

Child Care Solutions CNY (315-446-1220 x 0)

6724 Thompson Rd.

Syracuse, NY 13211

Mon.-Fri. 8:30am-4:30pm

<https://childcaresolutionscny.org/>

Community Child Care Scholarship (315-446-1220 x 303)

Help for working residents of Onondaga County manage the high cost of child care.

Parents enrolled in certain educational or vocational programs may also qualify.

<https://childcaresolutionscny.org/scholarships-other-income-based-assistance>

Onondaga County Child Care and Day Care Services (315-435 LOVE, (5683)

John H. Mulroy Civic Center

421 Montgomery St. 5th floor

Syracuse, NY 13202

Mon.-Fri. 8:00am-4:00pm

Apply for Child Care Assistance

<http://www.ongov.net/dss/childcare/>

Employment

ACCES-VR (Vocational Rehabilitation) (315-428-4179)

Office hours: 9:00am-5:00pm

Interpreter and ASL Services Available

How to Apply or Refer Individuals for Services

Vocational Rehabilitation Services

Transition and Youth Services

Business Services

Vendors

Independent Living Centers

Due Process Rights

Email to request a Reasonable Accommodation

<https://www.acces.nysed.gov/vr>

Arise, Inc.-Syracuse (315-472-3171)

ACCES VR Site/Independent Living Center

635 James St.

Syracuse, NY 13202

Support for meaningful work in the Community, Job Coaches

*Must be approved by the Adult Career and Continuing Education Services-Vocational Rehabilitation (ACCES-AR) office or the Office for People with Developmental Disabilities, (OPWDD)

<https://www.ariseinc.org/services/opwdd/employment/>

Center for Community Alternatives-Syracuse

Pregnancy and Sexual Health

Birthright of Onondaga County(Hot-Line: 800-550-4900 (24 Hours / 7 Days Assistance)

Business Line: 315-479-5807

346 North Midler Ave.

Syracuse, NY 13206

- Pregnancy, Childbirth, Adoption, Prenatal Care, Community Programs, Parenting skills, Child Care
- Referrals for: Medical Support, Financial Resources, Housing, Legal, Social Assistance, Professional Counseling
- Free Resources: Pregnancy Tests, Maternity and Baby Items

<https://birthright.org/syracuse>

Care Net Pregnancy Center of Central New York (315-937-4334)

913 Old Liverpool Road Suite A

Liverpool, NY 13088

Mon, Wed, Thurs. 10:00am-4:30pm

Pregnancy tests, ultrasound, STI Testing and Treatment, Material Aid, Parenting Classes

<https://www.carenetcares.com/>

New Hope Family Services (Call or text 1-800-712-HELP for 24-Hour Support)

Office: 315-437-8300 Mon.- Fri. 9:00am-4:30pm

3519 James Street

Syracuse, NY 13206

Free Pregnancy tests & ultrasounds, sexual health and STDs, options counseling, adoption services, post-abortion counseling, 1:1 education and support, support for men and dads, parenting group classes

Baby items: Diapers, clothes, infant/toddler car seat, stroller, bassinet, pack n play

<https://www.newhopefamilyservices.com/>

Syracuse Health Center Planned Parenthood of Central and Western New York, Inc. (1-866-600-6886)

1120 E. Genesee St.

Syracuse, NY 13210

Mon, Tues, Thurs, Fri: 8:30am-7:00pm; Wed. 7:30am-6:30pm; Sat. 9:00am-2:30pm

Abortion, Birth Control, Cancer, Emergency Contraception, Gender Identity, Health and Wellness, Pregnancy, Sex and Relationships, Sexual Orientation, STDs

Early Childhood Intervention and Parenting Support

Early Childhood Alliance (315-616-6854)

484 South Salina St.

Syracuse, NY 13202

ECA provides services via several programs that support pregnant and parenting women, child care and early learning needs, comprehensive developmental screening and early intervention, and early literacy. Diapers and formula, basic needs assistance.

<https://ecaonondaga.org/>

Domestic Violence Help

National Hotline

24/7 Support 1-800-799-SAFE (7233)

TEXT "START" to 88788

<https://www.thehotline.org/>

Love is Respect (1-866-331-9474)

TEXT: LOVEIS to 22522

Love is Respect educates young adults about healthy relationships and abuse prevention

<https://www.loveisrespect.org/>

Vera House, Inc. (315-468-3260) or TEXT: 315-484-7263

723 James St.

Syracuse, NY 13203 (Main Office)

24-hr crisis support for domestic, sexual and other forms of abuse; Individual and Family Shelter, Counseling, Advocacy, and Prevention Services

<https://www.verahouse.org/>

Addiction Services

In the event of an overdose or suspected overdose, call 9-1-1

Conifer Park Syracuse Outpatient Clinic (315-453-3911)

526 Old Liverpool Road

Liverpool, NY 13088

Clinic Hours:

Mon-Fri: 6:00am-7:30pm, Fri: 8:30am-5:00pm, Sat: 6:00am-5:00pm

Open access hours: Mon.-Fri. 7:30am-3:00pm

<https://www.coniferpark.com/outpatient/syracuse/>

Crouse Health Addiction Treatment Services (315-470-8304)

Crouse Hospital – withdrawal management services

Commonwealth Place – residential programs

Pomeroy Treatment Center at 2775 Erie Blvd. East – outpatient programs

<https://www.crouse.org/services/chemical-dependency-treatment-services/>

Helio Health Regional Open Access for Addiction (315-471-1564)

329 North Salina St, Syracuse, NY 13203

24/7 SUD and mental health assessments

Helio Health 24/7 Crisis Helpline (315-401-4288)

Immediate assistance by phone with a Certified Recovery Peer Advocate (CRPA) and schedule a mobile assessment and develop a recovery plan

<https://www.helio.health/treatment/outreach-and-engagement/>

OASAS HOPEline (1-877-8-HOPENY or text HOPENY)

24/7 problem gambling and chemical dependency hotline

SAMHSA's National Helpline (1-800-662-HELP (4357) or TTY: (1-800-487-4889)

Free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders.

Also visit the [online treatment locator](#), or send your zip code via text message: 435748 (HELP4U) to find help near you. Read more about the [HELP4U text messaging service](#).

<https://www.samhsa.gov/find-help/national-helpline>

Inpatient Substance Abuse Treatment

Commonwealth Place/Crouse Health Hospital (Over 18yrs) (518-240-3066)

6010 E. Malloy Rd.

Syracuse, NY 13211

Commonwealth Place Inpatient Rehabilitation Program is a 40 bed inpatient substance abuse treatment facility in Syracuse, New York. They serve clients 18 years and older in a highly supervised setting with state of the art amenities. Clients eventually transition into an outpatient program in the Crouse Health Hospital system. Addiction and behavioral health services provided by Commonwealth Place Inpatient Rehabilitation Program include therapy and counseling, medication assisted detox, and inpatient drug, alcohol, and substance abuse treatment.

<https://www.rehab.com/crouse-health-hospital-commonwealth-place-inpatient>

Conifer Park (1-800-989-6446)

79 Glenridge Rd.
Glenville, NY 12302
Men's and Women's Recovery/Rehab
<https://www.coniferpark.com/program/inpatient-rehabilitation/>

Crouse Hospital- Withdrawal Management (315-470-7111)

Emergency Room
736 Irving Ave.
Syracuse, NY 13210

Helio Health-Willows Inpatient (18+)

Contact: Angela Newstrom (315-492-1184) or Help Now (315-471-1564)

847 James St.
Syracuse, NY 13203
Willows Inpatient Rehabilitation is a 40 bed OASAS licensed facility located in Syracuse, NY. Special accommodations are available for women who are pregnant or with newborns.

<https://www.helio.health/about/locations/willows-inpatient-rehabilitation/>

Meadows Integrated Outpatient Clinic

Meadows Integrated Outpatient Clinic is located in Syracuse, NY and provides a wide variety of enhanced outpatient treatment and education services for substance use disorders, mental health diagnosis, and problem gambling. We are a 24/7 open access clinic which allows for patients to be seen without an appointment.

329 N. Salina St.
Syracuse, NY 13202

<https://www.helio.health/about/locations/meadows-integrated-outpatient-clinic/>

In the event of an overdose or suspected overdose, call 9-1-1

Syringe Exchange/ACR Health (315-475-2430 or toll free (1-877-475-0218)

637 West Genesee Street, Syracuse, NY 13204

Obtain free *Narcan* by calling the Onondaga County Health Department (315-418-5365)

On-demand free online Naloxone Training

<http://www.ongov.net/health/opioids/NaloxoneTraining.html>

Free Naloxone (NaloxBoxes) locations in Onondaga County

6723 Towpath Rd, Fayetteville Free Library, East Area Branch YMCA, 808 N Salina St, Liberty Resources Integrated Health Care, North Area Family YMCA, Syracuse Northeast Community Center, On Care Family Health NP, PLLC, Prevention Network, Rescue Mission Men And Women's Shelter, 88 W Onondaga St, Tucker Missionary Baptist Church, Syracuse Cultural Workers, University Avenue & East Fayette Street, 1074 S Clinton St, Mulroy Civic Center, Syracuse Community Health Center, LaFayette Public Library

Mental Health Crisis Services

Comprehensive Psychiatric Emergency Program (CPEP) 24/7 (315-448-6555)

301 Prospect Ave.

2nd Floor of Emergency Department

Syracuse, NY 13203

<https://www.sjhsyr.org/location/st-josephs-health-hospital-comprehensive-psychiatric-emergency-program-cpep>

Upstate Emergency Room-Emergency Psychiatry Services (315-464-5611)

750 East Adams St.
Syracuse, NY 13210

Helio Health Adolescent Children's Clinic (315-471-1564) x5 for intake

Will see ages 12+ without parent (pending approval)
Walk-in hours M-F 8:00am-3:00pm
329 N. Salina St.
Syracuse, NY 13203

988: More than a Number

988 is the new, three-digit number for the National Suicide Prevention Lifeline (NSPL). It is now available nation-wide.

988 is more than just an easy-to-remember number. It is a direct connection to caring support for anyone in mental health distress. This may include:

- thoughts of suicide
- substance use crisis
- emotional distress

988 is a free service available to everyone.

HOW TO CONTACT 988

You can contact 988 by chat, text, or phone.

Call or text 988 to be connected with a trained crisis counselor. When you call, you can access support in Spanish by pressing 2. Interpretation services are available in over 150 languages.

To access 988 via chat, visit 988lifeline.org/chat.

Sexual Assault Counseling, Education and Advocacy

New York State Child Abuse Hotline: 800-342-3720

New York State Mandated Reporter Hotline: 800-635-1522

Trafficking and Exploitation Hotline: 315-218-1966

McMahon Ryan Child Advocacy Center (315-701-2985)

601 East Genesee St.

Syracuse, NY 13202

<https://www.mcmahonryan.org/>

Counseling Services

Children and Adolescent Therapy

ARISE, Inc. (315-671-2955)

635 James St.

Syracuse, NY 13203

Outpatient and telemental Health

Helio Health Adolescent Children's Clinic (315-471-1564) x5 for intake

Will see ages 12+ without parent (pending approval)

Walk-in hours M-F 8:00am-3:00pm

329 N. Salina St.

Syracuse, NY 13203

Liberty Resources Integrated Health Care (315-472-4471 x5)

1045 James St.

Syracuse, NY 13203

Individual, Family, Group, Specialized/LBGTAQIA+, Peer supports, Crisis Supports,
Community-based Supports, Medication Management

<https://www.liberty-resources.org/>

St. Joseph's Outpatient Children's Mental Health Clinic (315-703-2800 x 4)

742 James St.

Syracuse, NY 13206

The Children and Youth Clinic provides behavioral health services to children, adolescents and their families up to the age of 18 years old. Children and youth are treated individually, in families, in groups, through collaborative services for parents and significant others. Medication services are also available. Treatment modalities include individual therapy, family therapy, group therapy, play therapy and medication therapy.

<https://www.sjhsyr.org/find-a-service-or-specialty/behavioral-health/childrens-and-adolescent-services>

I-View Mental Health Services (315-391-7770)

200 Gateway Park Drive

Syracuse, NY 13212

Therapy and Psychiatry, In-person and tele-visits for Individuals, Couples, Kids/Teens

<https://iviewtelepsych.com/get-started>

Psychological Healthcare PLLC (315-422-0300)

3300 James St.

Suite 100, 101 & 201

Syracuse, (Eastwood) NY 13206

Liverpool and Baldwinsville locations (315-422-0300)

Individual, Couples, Group Therapy

<https://www.phcny.com/>

SUNY Upstate Child and Adolescent Psychiatry Clinic

(315-464-3145) Nicole Chase
(315-464-3117) DBT High Risk Program
(315-464-2479) DBT Intensive OP
713 Harrison St.
Syracuse, NY 13210

Syracuse Community Health Center (315-234-5918)

819 S. Salina St.
Syracuse, NY 13202
Counseling, Addiction, and Psychological Services (CAPS)
Quick Care Walk-in hours: M-F 8:30am-12:00pm

Couples and Family Therapy

BetterHelp.com

Insurance not accepted, but affordable for out-of-pocket plans (\$50-\$90)
BetterHelp is the largest therapy platform in the world and it's 100% online. We change the way people approach their mental health and help them tackle life's challenges by providing accessible and affordable care. With BetterHelp, you can message a professional therapist anytime, anywhere.

<https://www.betterhelp.com/>

Couple and Family Therapy Center (315-443-3023)

Peck Hall
601 East Genesee St.
Syracuse, NY 13244
<https://falk.syr.edu/counseling-support-available/>

Liberty Resources Integrated Health Care (315-472-4471 x5)

1045 James St.
Syracuse, NY 13203

Individual, Family, Group, Specialized/LBGTAQIA+, Peer supports, Crisis Supports,
Community-based Supports, Medication Management

<https://www.liberty-resources.org/>

Grief/Loss Counseling and Support

Hope for Bereaved, Inc. (315-475-9675) or (315-475-4673 Helpline)

4500 Onondaga Blvd.

Syracuse, NY 13219

1:1 Grief Counseling, Peer counseling, Support Groups, Workshops offered at no charge

<https://hopeforbereaved.com/>

ADHD and Autism

ADHD & Autism Clinic (315-732-3431)

Psychological Services and Advocacy

1031 East Fayette St, Syracuse, NY 13210

Assessments, group or individual treatment, and parent education

<https://aapsa.net/child-adolescent-services>

Upstate Golisano Children's Hospital (315-464-5540)

750 East Adams St, Syracuse, NY 13210

Diagnostic evaluations for children with suspected Autism Spectrum Disorder or other complex developmental disabilities.

<https://www.upstate.edu/specialneeds/departments/diagnostic-evaluation-services.php>

Office for People with Developmental Disabilities

OPWDD (866-946-9733)

The Front Door is the way OPWDD connects you to the services you want and need. Once you enter, a person-centered planning process begins, which helps you learn about and access service options that take your needs and desires into consideration. It will also give you the chance to direct your own service plan or help your family member or loved one as they direct theirs.

The Front Door is based on the understanding that, as a person with developmental disabilities you have the right to:

- Enjoy meaningful relationships,
- Experience personal growth,
- Participate in your community and,
- Live in the home of your choice.

Front Door staff will guide you through the steps involved in finding out if you are eligible for services with OPWDD, identify your needs, goals and preferences and help you work on a plan for getting those services.

<https://opwdd.ny.gov/get-started/front-door>

Deaf & Hard of Hearing/Vision Loss Assistance

Aurora of CNY (315-422-7263 TTY/TDD 315-422-9746 VP 315-679-4168)

1065 James St.

Syracuse, NY 13203

AURORA of CNY is dedicated to promoting independence, opportunity and full access for people of all ages in our community with vision or hearing loss.

<https://www.auroraofcny.org/>

Hearing Life-Syr. (315-254-2273)

1001 James St.

Syracuse, NY 13203

Free hearing assessments; Call for insurance coverage requirements

<https://www.hearinglife.com/>

Hearing Life-Camillus (315-314-8989)

5320 West Genesee St

Camillus, NY 13031

Free hearing assessments; Call for insurance coverage requirements

<https://www.hearinglife.com/>

Dental Clinics

Road to Emmaus Ministry of Syracuse, Inc. (315-928-5191)

127 Glen Ave.

Syracuse, NY 13205

<https://emmausministry.org/>

Medical Insurance

Health Connectors/Navigators

Syracuse Northeast Community Center (315-472-6343 x 214)

716 Hawley Ave.

Syracuse, NY 13224

<https://www.snccsyr.org/asalman>

The Salvation Army Syracuse Area Services (315-479-1155)

Hazard Branch Library

1620 West Genesee St.
Syracuse, NY 13204
Language Interpreter Services available

The Salvation Army Syracuse Area Services (315-479-1155)

Emmaus Ministry

127 East Glen Ave.
Syracuse, NY 13205
Language Interpreter Services available

Help Paying Medical Bills

The Saint Agatha Foundation (1-888-878-7900)

The Saint Agatha Foundation partners with local hospitals and agencies to provide financial support to breast cancer patients in Onondaga, Cortland, Cayuga, Madison, Oneida, Oswego, and Jefferson Counties in Central New York. With support from Saint Agatha Foundation, uninsured and under-insured patients can focus on treatment, rather than their bills.

<https://www.saintagathafoundation.org/>

ACR Health (315-475-2430) or Toll Free: (1-877-475-0218)

627 West Genesee St.
Syracuse, NY 13204

- Help you find the best prices on your prescriptions
- Basic advice and information on health coverage from private plans, to Medicaid to Medicare.
- Accessing financial assistance, or charity care, to help pay for your service bills
- Accessing medical services and selecting a primary care provider (PCP)

- Obtaining referrals for specialists and requesting out-of-network providers
- Understanding how health care reform impacts you
- Authorization/denials of coverage, medical services, recertification and exemptions
- Claim disputes, fair hearings, complaints, appeals
- Billing issues
- And much more!

<https://www.acrhealth.org/insurance-programs/problems-with-insurance/>

Refugee Services

Catholic Charities of Onondaga County (315-474-7428)

Ukraine Supplemental Appropriation to Resettlement Agencies (USARA)

1654 West Onondaga Street, Syracuse, NY 13204

<http://www.ccoc.us/services/stability-services/>

Deaf New Americans, Inc. (315-715-7685)

PO Box 778

Liverpool, N Y 13088

<https://www.deafnewamerican.org/>

RISE [Refugee and Immigrants Self Empowerment] (315-214-4480)

Ukraine Supplemental Appropriation to Resettlement Agencies (USARA)

302 Burt St, Syracuse, NY 13202

www.refugeeandimmigrant.org

Toomey Residential and Community Services (315-424-1845)

Unaccompanied Refugee Minors (URM)

1654 West Onondaga Street, Syracuse, NY 13204

<https://www.toomeyresidential.org/services/foster-care/>

Interfaith Works of Central New York (315-449-3552)

Ukraine Supplemental Appropriation to Resettlement Agencies (USARA)

1010 James Street, Syracuse, NY 13203

<https://www.interfaithworkscny.org/>

Catholic Charities of Onondaga Co. (315-474-7428)

The New York State Enhanced Services to Refugees Program (NYSESRP)

527 North Salina St, Syracuse, NY 13208

<https://www.ccoc.us/services/stability-services/>

Catholic Charities of Onondaga County (315-474-7428)

Refugee Health Promotion (RHP)

527 North Salina St, Syracuse, NY 13208

<http://www.ccoc.us/services/stability-services/>

Interfaith Works of Central New York (315-449-3552)

Refugee Health Promotion (RHP)

1010 James St, Syracuse, NY 13203

<https://www.interfaithworkscny.org/>

Emergency Housing

Barnabas Shelter (315-475-9744 ext.106)

<https://easternusa.salvationarmy.org/empire/syracuse/youth-shelters/>

Co-ed short-term emergency housing for up to six homeless young adults, ages 18-24

Non-disclosed address.

Stipulations: Must call in advance to verify availability

Format: Co-ed Co-ed group, short-term (2-4 weeks) emergency housing. Provides rapid rehousing connections.

Booth House (315-471-7628/1-800-660-6999)

1704 South Salina St, Syracuse, NY 13205

<https://easternusa.salvationarmy.org/empire/syracuse/youth-shelters/>

Serves Co-ed runaway and homeless youth, ages 12-17 Younger than 12 will be determined on a case by case basis.

Stipulations: Must call ahead to initiate services

Format: Co-ed group home, up to 30 days, more pending approval

Catholic Charities - Crisis Response Shelters (315-423-9137)

1074 S. Clinton St, Syracuse, 13202

<https://www.ccoc.us/services/crisis-response>

Stipulations: Men only at this location

Format: Men's Shelter- 99 beds with Case Management Services

Catholic Charities- Relocation Assistance (315-378-4054)

262 East Onondaga St, Syracuse, NY 13202

<https://www.ccoc.us/services/crisis-response>

Serving displaced families and individuals

Stipulations: Homeless or must prove to be in danger of being homeless

Format: Funding and community partners support, household storage, homelessness prevention funding

Catholic Charities- Veteran Housing Support (315-558-4387)

262 East Onondaga St. 13202

<https://www.ccoc.us/services/crisis-response>

Serving low-income Veteran Families

Stipulations: Homeless or at risk of becoming homeless

Format: Finder/relocation assistance with community partners

Catholic Youth Organization (CYO) Refugee Supportive Housing (315-474-4728)

527 North Salina St, Syracuse, NY 13208

<https://www.ccoc.us/services/stability-services>

Serving Refugees and unaccompanied minors

Stipulations: Refugee Status

Format: Stabilization, basic needs assistance, case management

Salvation Army- Emergency Family Shelter (315-479-1332)

677 South Salina St.

Syracuse, NY 13202

The Salvation Army's Emergency Family Shelter is the only family shelter in Onondaga County licensed by the NYS Office of Temporary and Disability Assistance. With 81 beds and 10 cribs, we provide temporary emergency housing and counseling services for homeless families of any configuration, including extended families, men with children, older male children and single pregnant women. Crisis counseling, comprehensive social work assessment services and linkages to community resources for aftercare support are provided to secure and maintain permanent housing.

<https://easternusa.salvationarmy.org/empire/syracuse/adult-shelters/>

Salvation Army Adult Shelter (315-475-1688)

677 South Salina St.

Syracuse, NY 13202

24-hour availability, 365 days per year

24-hour crisis hot lines

Emergency and crisis intervention

Case management, outreach and after care

Assessment of physical & mental health and drug & alcohol abuse

On-site referral for treatment and services

<https://easternusa.salvationarmy.org/empire/syracuse/adult-shelters/>

Ethel T. Chamberlain Women's Residence and Women's Shelter (315-472-0947)

The Salvation Army's Women's Shelter provides temporary emergency housing for 15 adult women who have serious mental health and/or substance use disorders. Crisis counseling, comprehensive social supports, mental health services and linkages to community resources are provided to help the women obtain housing stability, income supports, mental health treatment and supportive services. The Permanent Supportive Housing program includes 16 subsidized one-bedroom apartments for formerly homeless women. The program includes wrap around supports including case management, life skills activities, socialization, and other supportive services to assist women to be as independent as possible and avoid reoccurrences of homelessness in the future.

Joseph's House for Women (315-701-4981) or 24-hour hotline (315-288-0319)

802 Court St.

Syracuse, NY 13208

For mothers facing unplanned pregnancy, mothers with babies, experiencing homelessness or housing insecurity

Provide individualized plans of care and support to gain health, security, independence

<https://www.jhfw.org/>

Salvation Army's Transitional Apartments and Parenting Center (TAPC) (315-479-1330)

677 South Salina St.

Syracuse, NY 13202

Admin Offices: Mon.-Fri. 8:30-5:00 PM

Services Provided 24 hrs/7 Days

The TAPC is a 24 unit apartment complex providing long-term housing, case management and parenting classes for homeless, pregnant and parenting adolescent girls, ages 16-24 (and their children). The TAPC provides transitional housing and support services to more than 40 young women and their children annually, preventing the additional challenges and costs associated with homelessness, infant mortality, low birth weight and child abuse. The TAPC offers a supportive and caring homelike

environment where young mothers and their children have access to 24-hour supervision, building security, crisis intervention, transportation, socialization and recreational activities. The Salvation Army also provides licensed day care services at the TAPC, offering supportive care for children while parents focus on attendance at school or at work.

YWCA serving Syracuse and Onondaga County

Call Nora Putman: 315-424-0040 or nputman@ywca-syracuse.org

Provides housing, work, clothing, empowerment programming

<https://www.ywca-syracuse.org/>

Food Pantries

St. Cecilia's Food Pantry and Clothing Closet located at Marianne Cope Parish (315-488-321 ext.301)

105 Stanton Ave.

Solvay, NY 13209

Tuesday and Thursday 9am-12pm

<http://stmariannecopeparish.org>

Our Lady of Peace Food Pantry at Marianne Cope Parish in Lakeland (315-488-3221 by appt.)

203 Halcomb St.

Lakeland, NY 13209

The Vineyard Church Food Pantry (315-407-8463)

312 Lakeside Rd.

Syracuse, NY 13209

Saturdays 10am-12pm

<https://vineyardny.org/foodpantry>

Bethlehem Revival Food Pantry (315-807-4636)

610 Willis Ave.

Syracuse, NY 13204

Tuesday 10am-12pm, Thursday 4pm-5:30pm

Gun Violence

SNUG (315-474-6823)

401 South Avenue

Syracuse, New York 13204

Monday-Friday 9:00 am- 8:00 pm, Sat. 9:00 am-1:00 pm

Syracuse Cure Violence (SNUG) is an evidence-based program, utilizing the Chicago Cure Violence model, designed to reduce gun violence among Syracuse youth, ages 13-22 in the south and southwest neighborhoods. Through the use of street outreach workers and violence interrupters from the community, who themselves have experienced violence and also have strong relationships with young adults, community leaders, and service providers, stop conflicts before they happen and re-direct the highest-risk youth away from life on the streets. SNUG is focused on behavioral changes in the target population to prevent victimization and perpetuation of gun violence. SNUG is funded by the New York State Department of Criminal Justice Services.

Legal Assistance

Hiscock Legal Aide Society (315-422-8191)

351 S. Warren St. 3rd floor

Syracuse, NY 13202

Free/affordable legal counsel and representation

- Landlord/Tenant Issues
- Appeals & Appellate
- Criminal Law
- Domestic Violence
- Family Law
- Immigration Law

Hiscock Legal Aid Society-Immigration Project (315-422-8191) (Toll-free 1-800-963-5604)

Legal Aid Society of Mid-New York (1-877-777-6152)

- Bankruptcy Assistance for eligible residents of 13 Counties including Onondaga County
- Eviction Defense Program
- Farmworker representation

Legal Services of Central New York (General HelpLine: 315-703-6500)

Legal HelpLine: 877-777-6152)

221 S. Warren St. Suite 300

Syracuse, NY 13202

Mon.-Fri. 9:00am-5:00pm

<https://www.lscny.org/legal-services/>

- Coronavirus Hardship and Impact

- Eviction Defense
- Home Conditions & Safety for Tenants
- Public Benefits
- Economic Security, Consumer Rights
- Education Advocacy
- Employment and Worker's Rights
- Language Access
- Healthcare Access
- Legal Needs of People with HIV or AIDS
- Cancer Advocacy & Services Project, (CLASP)
- Mental Health & Homelessness Advocacy
- Community-Based Economic Development
- Jails and Juvenile Justice
- Creating Community-Wide Change
- Racial Justice
- Re-Entry
-

Syracuse University Legal Assistance Program (315-443-45820 or Toll Free 888-797-5291)

Mon.-Fri. 8:30am-4:30pm. Must call for appointments.

SU Law Clinics include Bankruptcy, Veterans Affairs, Criminal Defense, Disability Rights, Low-Income Tax, Transactional Law

Poison Questions or Emergencies

Upstate New York Poison Center (1-800-222-1222)

Our team of experts cares for our community by providing real-time information through our 24/7 poison helpline and by sharing life-saving poison prevention education in all our 54 counties.

<https://www.poisonhelp.org/>

Suicide and Crisis Help

Call 988 for suicide and crisis assistance

The 988 Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.

<https://988lifeline.org/>

Crisis Connect (315-251-0800)

Available: 24/7

- Triage for behavioral health or substance use crisis
- De-escalation and connection to crisis network
- In-person or telephonic support
- Triage for Mobile Crisis Teams

Contact Hotline (315-251-0600)

Available: 24/7 Free, confidential telephone counseling

Suicide and Crisis Help Continued

Liberty Resources accessed through Crisis Connect at 315-251-0800 or by directly calling 855-778-1900 and pressing option #2

Provides emotional support through a 24/7 phone line **for adults**. Our phone lines are answered by peers; professionals with personal recovery in mental health and/or substance use.

Residential Crisis Support Program for Adults accessed through Crisis Connect 315-251-0800 or by directly calling 855-778-1900 and pressing option #3.

Short-term peer & crisis support **for adults** in a home-like setting who are having a mental health crisis and cannot cope within the home or community without crisis supports or intervention. Provides a home-like setting for adults for a temporary relief from life's stressors. Guests have private bedroom space, share common living space and open kitchen/pantry. Our homes are run by peers; professionals with personal recovery in mental health and/or substance use.

Translation Services

Transportation

Solvay School Transportation Department (315-487-5842)
399 Beach Road

Syracuse, NY 13209

<https://www.solvayschools.org/districtpage.cfm?pageid=340>

Centro Bus Public Transportation

Download the **GoCentroBus** mobile app for schedules, accessibility, alerts, fares, bus tracker

<https://www.centro.org/>

Birnie Bus Service (315-458-1781)

Syracuse Terminal: 7309 Northern Blvd.

East Syracuse, NY 13057

Offers public shuttles and multi-county lines

<https://www.birniebus.com/index.php>

Rail Service

AmTrak

Online booking, service destinations, fares

<https://www.amtrak.com/home>

Report Animal Cruelty

315-454-3469

AFTER HOURS AND ON WEEKENDS PLEASE CALL THE NON-EMERGENCY 911 Email:

crueltyinvestigations@cnyspca.org

Central New York SPCA Dog Control

To report Dog Control related issues such as a stray animal, bite case quarantine, dangerous dog complaint, or any animal complaint outside of cruelty please contact us.

*Phone: (315)454-0928*after hours and on weekends please call 911 (Non Emergency)*

Email: dogcontrol@cnyspca.org

Dog Control is available for Emergency calls that are routed through the municipalities via local police agency or 911 emergency services. Calls from police agencies are made directly to Dog Control's cell phone. Emergencies include, but are not limited to – Dangerous/Vicious dog, Traffic Hazard, Injured Dog, Police Request with extenuating circumstances, etc.

Onondaga County Dog Control: City of Syracuse is NOT handled by the CNY SPCA. Please call (315) 442-5346

Lost or Found Pets

Village of Solvay (Town of Geddes) (315)468-2274 ext.8

Veterinary Care Assistance Programs

The Shamrock Animal Fund

Provides financial assistance after certain criteria are met. Must apply online and request discounted rate from Vet Provider.

<https://www.shamrockanimalfund.com/home.html>

CNYSPCA Spay/Neuter Clinic (315-454-4479)

Call ahead for program details

Open M-Fri 10:00am-4:00pm, Closed Sundays

Pet Food Pantry

CNYSPCA (315-454-4479)

5878 East Molloy Road

Syracuse, NY 13211

Email: FrontDesk1@cnyspca.org

For pet food assistance and donations

The Kia Foundation Inc. (680-214-6241)

2546 James St.

Steacuse, NY 13206

Non-profit organization that focuses on assisting families in need with pet care needs through a variety of programs including financial and basic pet needs. Grantees must submit a written request either by mail or email. There will be a lottery draw to determine the family to which the funds are given. All funds will be paid directly to any organization, animal hospital etc. Grantees will be eligible for up to 25% of the bill associated with pet costs but not to exceed \$300.

<https://www.thekiafoundation.org/>

Pet Surrender

CNYSPCA (315-454-4479)

Vetcenter@cnyspca.org to schedule an appointment.

Giving up a pet is a very difficult and emotional decision. At CNYSPCA, we understand that some circumstances cannot be overcome and we offer shelter and care for these pets. We are only able to accept owner surrenders from Onondaga County. ***We are unable to accept animals that are in need of medical care or euthanasia or animals that have bitten. We cannot accept animals that show aggression toward people or other animals. For those services please contact your veterinarian. We can only accept animals based on available space and appointments MUST be made for surrender. At the present time, we are unable to take animals from outside of Onondaga County. The CNY SPCA is not able to take in feral cats.***

Vetcenter@cnyspca.org to schedule an appointment.

