



Solvay Middle School Menu

USDA and Solvay UFSD are an equal opportunity provider and employer.



FREE BREAKFAST & LUNCH
FOR ALL
Elementary, Middle & High School
Students

LUNCH MENU - Lunch menu is subject to change without notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 11 Burger Day Plain or w/cheese WG Bun Tator Tots Assorted Fruit Choice	 12 General Tso's Chicken Brown Rice Broccoli Assorted Fruit Choice	6 Chicken Nuggets Dinner Roll French Fries Carroteenies Assorted Fruit Choice	7 Hot Dog WG Bun Bush's BBQ Beans Fresh Carrots Assorted Fruit Choice	8 WG French Bread Pizza Corn Romaine Salad Assorted Fruit Choice
11 Burger Day Plain or w/cheese WG Bun Tator Tots Assorted Fruit Choice	12 General Tso's Chicken Brown Rice Broccoli Assorted Fruit Choice	13 Mac & Cheese WG Mini Roll Peas Assorted Fruit Choice	14 Shepherds' Pie WG Dinner Roll Mashed Potatoes Mixed Vegetables Assorted Fruit Choice	15 Cheese Pizza Green Beans Fresh Carrots Assorted Fruit Choice
18 Shrimp Poppers WG Stuffed Cheese Stick Carroteenies Tator Tots Assorted Fruit Choice	19 Toasted Cheese Sandwich Campbell's Tomato Soup Black Beans Carroteenies Assorted Fruit Choice	20 Pasta w/Meat Sauce Garlic Stick Romaine & Spinach Salad Assorted Fruit Choice	21 Chicken Sundae WG Mini Roll Corn Assorted Fruit Choice	22 WG Pizza Crunchers Marinara Sauce Broccoli Assorted Fruit Choice
25 Chicken Tenders WG Waffle Syrup Steamed Carrots Assorted Fruit Choice	26 Soft Taco w/ Cheese and lettuce WG Corn Bread Refried Beans Corn Assorted Fruit Choice	27 Mozzarella Sticks Marinara Sauce Bread Stick Romaine & Spinach Salad Fresh Carrots Assorted Fruit Choice	28 French Toast Sticks Sausage Patty Tator Tots Fresh Carrots Assorted Fruit Choice	29 Pepperoni Pizza Green Beans Fresh Carrots Assorted Fruit Choice

Available Daily:
 Made-to-Order Deli Bar -Entrée Salads
 Peanut Butter & Jelly or Cheese Sandwich
 Chef's Choice

Available with LUNCH - Assorted Fruit & Milk Choice
Students may take up to 2 fruits with their lunch
 Fruit Choices: canned and fresh
 Milk Choices: 1% and 1% Chocolate

BREAKFAST MENU - Breakfast menu is subject to change without notice.

Offered Monday -Friday Choice of: **Cereals, Muffins, Breakfast Sandwiches, Chefs Choice**



Available with Breakfast - Assorted Fruit & Milk Choices
 Students may take up to 2 fruits with their breakfast
 Fruit Choices: Cupped or 100% Juice
 Milk Choices: 1% & 1% Chocolate



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 mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or fax: (833) 256-1665 or (202) 690-7442; or email: program.intake@usda.gov This institution is an equal opportunity provider.