

Solvay School Menu S.H.S 9-12
 USDA and Solvay UFSD are an equal opportunity provider and employer.



FREE BREAKFAST & LUNCH
FOR ALL
Elementary, Middle & High School
Students

2023

LUNCH MENU - Lunch menu is subject to change without notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 11 Bacon Cheeseburger WG Bun Tator Tots Assorted Fruit Variety	 12 General Tso's Chicken Brown Rice Broccoli Assorted Fruit Variety	6 Chicken Tenders Dinner Roll French Fries Carroteenies Assorted Fruit Variety	7 Chili Cheese Dog WG Bun Bush's BBQ Beans Fresh Carrots Assorted Fruit Variety	8 WG French Bread Pizza Corn Romaine Salad Assorted Fruit Variety
11 Bacon Cheeseburger WG Bun Tator Tots Assorted Fruit Variety	12 General Tso's Chicken Brown Rice Broccoli Assorted Fruit Variety	13 Mac & Cheese WG Mini Roll Peas Assorted Fruit Variety	14 Shepherd's Pie WG Dinner Roll Mashed Potatoes Mixed Vegetables Assorted Fruit Variety	15 Cheese Pizza Green Beans Fresh Carrots Assorted Fruit Variety
18 Shrimp Poppers WG Stuffed Cheese Stick Taters Tots Fresh Carrots Assorted Fruit Variety	19 Toasted Cheese Sandwich Campbell's Tomato Soup Black Beans Carroteenies Assorted Fruit Variety	20 Pasta w/Meat Sauce Garlic Stick Romaine & Spinach Salad Assorted Fruit Variety	21 Chicken Sundae WG Mini Roll Corn Assorted Fruit Variety	22 WG Pizza Crunchers Marinara Sauce Broccoli Assorted Fruit Variety
25 Chicken Tenders WG Waffle Syrup Steamed Carrots Assorted Fruit Variety	26 Soft Taco w/Cheese and Lettuce WG Corn Bread Refried Beans Corn Assorted Fruit Variety	27 Mozzarella Sticks Marinara Sauce Bread Stick Romaine & Spinach Salad Fresh Carrots Assorted Fruit Variety	28 French Toast Sticks Sausage Patty Tator Tots Fresh Carrots Assorted Fruit Variety	30 Pepperoni Pizza Green Beans Romaine Salad Assorted Fruit Variety

Alternate Entree Available Daily
 Pizza Variety, Made to Order Deli Bar,
 Chicken Patty, Spicy Chicken Sandwich
 Salad Of The Week,
 Peanut Butter and Jelly

Available with LUNCH - Assorted Fruit & Milk
 Choice
Students may take up to 2 fruits with their lunch
 Fruit Choices: canned and fresh
 Milk Choices: 1% and 1% Chocolate

BREAKFAST MENU - Breakfast menu is subject to change without notice.
 Offered Monday -Friday Choice of: **Cereal, Muffins, Breakfast Bars, Hot Entree**

Available with Breakfast - Assorted Fruit & Milk Choices
 Students may take up to 2 fruits with their breakfast
 Fruit Choices: Cupped or 100% Juice
 Milk Choices: 1% & 1% Chocolate

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