

Solvay High School Menu

USDA and Solvay UFSD are an equal opportunity provider and employer.

2026



FREE BREAKFAST & LUNCH! FOR ALL

Elementary, Middle & High School students

LUNCH MENU - Lunch menu is subject to change without notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Alternate Entree Choices Made-to-Order Deli Bar/ Pizza Variety Chicken Patty or Spicy Chicken Sandwich Peanut Butter & Jelly / Fruit Parfait Lunch Chef's Choice		Available with LUNCH - Assorted Fruit & Milk Choices Fruit Choices: canned and fresh Milk Choices: 1% and 1% Chocolate		1 Pizza Crunchers Marinara Sauce Broccoli Romaine Spinach Salad Assorted Fruit Choice
4 Chicken-n-Waffles Chicken Tenders WG Waffle w/Syrup Mixed Vegetables Assorted Fruit Choice	5 Double Hamburger or Cheeseburger/ WG Roll French Fries Bush's BBQ Beans Assorted Fruit Choice	6 Mac & Cheese WG Mini Roll Broccoli Fresh Carrots Assorted Fruit Choice	7 Soft Beef Taco WG Corn Bread Refried Beans Corn Assorted Fruit Choice	8 
11 General Tso's Chicken Seasoned Rice Dinner Roll Broccoli Assorted Fruit Choice	12 Toasted Cheese Sandwich w/Tomato Soup Green Beans Assorted Fruit Choice	13 Pasta w/Meat Sauce Garlic Bread Romaine & Spinach Salad Fresh Carrots Assorted Fruit Choice	14 Nachos Grande Beef & Cheese Black Beans WG Corn Bread Assorted Fruit Choice	15 Homemade Mexican or Cheese Pizza Broccoli Romaine Spinach Salad Assorted Fruit Choice
18 Chicken Poppers w/ Dippin Sauce WG Dinner Roll Corn Assorted Fruit Choice	19 Chicken Fajita Wrap Peppers and Onions Brown Rice Black Beans Assorted Fruit Choice	20 French Toast Sticks Sausage Patty Hash Brown Patty Fresh Carrots Assorted Fruit Choice	21 Buffalo Chicken Wing or Cheese Pizza Broccoli Romaine Spinach Salad Assorted Fruit Choice	22 Memorial Day Weekend No School
 Memorial Day	26 Shrimp Poppers Cheesy Breadstick Steamed Corn Assorted Fruit Choice	27 BBQ Pulled Pork Sandwich/ WG Roll French Fries Carroteenies Assorted Fruit Choice	28 Fiesta Chicken Nachos w/ Tostito Chips Cornbread Black Beans Assorted Fruit Choice	29 Bryant's Chicken, Bacon, Ranch or Cheese Pizza Broccoli Romaine Spinach Salad Assorted Fruit Choice

BREAKFAST MENU - breakfast menu is subject to change without notice.

Offered Monday -Friday Choice of: Cereal ,Muffins,Breakfast Sandwiches, Chef's Choice

Available with Breakfast - Assorted Fruit & Milk Choices

Students may take up to 2 fruits with their breakfast

Fruit Choices: Cupped or 100% Juice

Milk Choices: 1% & 1% Chocolate

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