

Solvay High School Menu

USDA and Solvay UFSD are an equal opportunity provider and employer.

2025



FREE BREAKFAST & LUNCH FOR ALL

Elementary, Middle & High School Students

LUNCH MENU - Lunch menu is subject to change without notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Alternate Entree Choices Made-to-Order Deli Bar/ Pizza Variety Chicken Patty or Spicy Chicken Sandwich Peanut Butter & Jelly / Cheese Tray Meal Fruit Parfait Lunch/ Chef's Choice		Available with LUNCH - Assorted Fruit & Milk Choices Fruit Choices: canned and fresh Milk Choices: 1% and 1% Chocolate	1 Chicken Sundae (Chix poppers, Mashed potatoes, Corn, gravy) WG Mini Roll Assorted Fruit Choice	2 WG French Bread Pizza Green Beans Romaine Spinach Salad Assorted Fruit Choice
5 Chicken Tenders WG Waffle Syrup Mixed Vegetables Assorted Fruit Choice	6 Italian Sausage Sandwich Mild or Spicy / WG Bun Pasta Salad Bush's BBQ Beans Assorted Fruit Choice	7 Mac & Cheese WG Mini Roll Peas Fresh Carrots Assorted Fruit Choice	8 Soft Shell Taco WG Corn Bread Refried Beans Corn Assorted Fruit Choice	9 
12 General Tso Chicken Brown Rice WG Dinner Roll Broccoli Assorted Fruit Choice	13 Toasted Cheese Sandwich Campbell's Tomato Soup Green Beans Assorted Fruit Choice	14 Chicken Riggies Garlic Bread Romaine Spinach Salad Fresh Carrots Assorted Fruit Choice	15 Nachos Grande Beef & Cheese Refried Beans WG Corn Bread Assorted Fruit	16 Pizza Crunchers Marinara Sauce Broccoli Romaine Spinach Salad Assorted Fruit Choice
19 Chicken Poppers w/ Dippin Sauce WG Dinner Roll Corn Assorted Fruit Choice	20 Chicken & Gravy WG Biscuit Steamed Carrots Assorted Fruit Choice	21 Pasta w/Meat Sauce WG Mini Roll Romaine & Spinach Salad Fresh Carrots Assorted Fruit Choice	22 Chicken Fajita Wrap Peppers and Onions Brown Rice Black Beans Assorted Fruit Choice	23 Buffalo Chicken Wing or Cheese Pizza Corn Romaine & Spinach Salad Assorted Fruit Choice
 Memorial Day	27 Sweet and Sour Chicken Brown Rice WG Dinner Roll Broccoli Assorted Fruit Choice	28 French Toast Sticks Sausage Patty Hash Brown Patty Fresh Carrots Assorted Fruit Choice	29 BBQ Pulled Pork Nachos Black Beans Corn Assorted Fruit Choice	30 WG Stuffed Crust Pizza Mixed Veggies Romaine Spinach Salad Assorted Fruit Choice

BREAKFAST MENU - breakfast menu is subject to change without notice.

Offered Monday -Friday Choice of: Cereals, Muffins, Chefs Choice

Available with Breakfast - Assorted Fruit & Milk Choices

Students may take up to 2 fruits with their breakfast

Fruit Choices: Cupped or 100% Juice

Milk Choices: 1% & 1% Chocolate

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