Solvay High School Menu

USDA and Solvay UFSD are an equal opportunity provider and employer.

FREE BREAKFAST & LUNCH FOR ALL

Elementary, Middle & High School Students

LUNCH MENU – Lunch menu is subject to change without notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Daily Alternate Entree Choices: Made-to-Order Deli Bar/ Pizza Variety Chicken Patty or Spicy Chicken Sandwich Peanut Butter & Jelly / Cheese Tray Meal Fruit Parfait Lunch / Chef's Choice			**Available with Lunch:** Assorted Fruit: (Canned and Fresh) Assorted Milk Choices: (Skim, 1% White, FF Chocolate)	1 WG French Bread Pizza Broccoli Romaine Spinach Salad Assorted Fruit Choice
4 French Toast Sticks Sausage Patty Hash Brown Patty Fresh Carrots Assorted Fruit Choice	5 Shrimp Poppers Cheesy Bread stick Corn Assorted Fruit Choice	6 Mac & Cheese WG Mini Roll Peas Romaine Spinach Salad Assorted Fruit Choice	7 Soft Beef Taco WG Corn Bread Refried Beans Fresh Carrots Assorted Fruit	8 WG Stuffed Crust Pizza Mixed Veggies Romaine Spinach Salad Assorted Fruit Choice
11 Chicken Poppers w/ Sauce WG Dinner Roll Mixed Veggies Fresh Carrots Assorted Fruit Choice	12 Toasted Cheese Sandwich Campbell's Tomato Soup Green Beans Assorted Fruit Choice	13 Chicken Parmesan WG Bun Broccoli Fresh Carrots Assorted Fruit Choice	14 Italian Sausage Sandwich w/ peppers & onions French Fries Baked Beans Assorted Fruit Choice	15 Pizza Round Romaine Spinach Salad Steamed Carrots Assorted Fruit Choice
18 Hot Dog WG Bun Peas French Fries Assorted Fruit Choice	19 Chicken Fajita Wrap Peppers & Onions Corn Refried Beans Assorted Fruit Choice	20 Pasta w/Meat Sauce Garlic Bread Green Beans Romaine Spinach Salad Assorted Fruit Choice	21 Chicken Tenders w/ Sauce WG Dinner Roll Mixed Veggies Fresh Carrots Assorted Fruit Choice	22 Pizza Crunchers Marinara Sauce Broccoli Romaine Spinach Salad Assorted Fruit Choice
25 General Tso's Chicken Dinner Roll Brown Rice Broccoli Assorted Fruit Choice	26 Carnita Pulled Pork Nachos on tortilla chips Black Beans WG Cornbread Assorted Fruit Choice	27 Bacon/ Cheese Burger WG Bun Corn Carroteenies Assorted Fruit Choice	28 Staff Development Day 	29 **School Closed** **No Lunch**

BREAKFAST MENU – breakfast menu is subject to change without notice.

Offered Monday -Friday Choice of: **Cereals, Muffins, Breakfast Sandwiches, Chefs Choice**

Available with Breakfast – Assorted Fruit & Milk Choices

Students may take up to 2 fruits with their breakfast

Fruit Choices: Cupped or 100% Juice

Milk Choices: 1% & 1% Chocolate