

Solvay High School Menu

USDA and Solvay UFSD are an equal opportunity provider and employer.



FREE BREAKFAST & LUNCH FOR ALL

Elementary, Middle & High School Students

LUNCH MENU - Lunch menu is subject to change without notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Chicken Poppers w/Sauce WG Dinner Roll Steak Fries Green Beans Assorted Fruit	4 Toasted Cheese Sandwich Campbell's Tomato Soup Mixed Vegetables Assorted Fruit Choice	5 Pasta w/Meatsauce Garlic Bread Broccoli Romaine Spinach Salad Assorted Fruit Choice	6 Bacon Cheeseburger on a WG Roll Tator Tots Baked Beans Assorted Fruit Choice	7 WG French Bread Pizza Steamed Corn Romaine Spinach Salad Assorted Fruit Choice
10 French Toast Sticks Sausage Patty Hash Brown Patty Steamed Carrots Assorted Fruit Choice	11 Shrimp Poppers Cheesy Bread stick Carroteenies Assorted Fruit Choice	12 Mac & Cheese WG Mini Roll Peas Romaine Spinach Salad Assorted Fruit Choice	13 Soft Beef Taco WG Corn Bread Refried Beans Steamed Corn Assorted Fruit Choice	14 WG Stuffed Crust Pizza Green Beans Romaine Spinach Salad Assorted Fruit Choice
17 General Tso's Chicken Brown Rice Dinner Roll Broccoli Assorted Fruit Choice	18 Toasted Cheese Sandwich Campbell's Tomato Soup Green Beans Assorted Fruit Choice	19 Slow Cooked BBQ Pulled Pork Sandwich/ WG Bun Steak Fries BBQ Beans Assorted Fruit Choice	20 Beef Nachos Grande Tostitos Chips WG Corn Bread Corn Assorted Fruit Choice	21 Buffalo Chicken Wing or Cheese Pizza Romaine Spinach Salad Steamed Carrots Assorted Fruit Choice
24 1 Meatball Sub on a WG Bun Baked Beans French Fries Assorted Fruit Choice	25 Chicken Fajita Wrap Peppers & Onions Cornbread Corn Assorted Fruit Choice	26 Chicken Riggies Garlic Bread Green Beans Assorted Fruit Choice	27 Chicken Tenders w/ Dipping sauce Dinner Roll Mixed Veggies Fresh Carrots Assorted Fruit Choice	28 Pizza Crunchers Marinara Sauce Broccoli Romaine Spinach Salad Assorted Fruit Choice
31  Staff Development Day	 Alternate Entree Choices  Made-to-Order Deli Bar/ Pizza Variety Chicken Patty or Spicy Chicken Sandwich Peanut Butter & Jelly / Cheese Tray Meal Fruit Parfait Lunch/ Chef's Choice		 Available with Lunch Assorted Fruit & Milk Choices Fruit Choices canned and fresh Milk Choice 1% or FF Chocolate	

BREAKFAST MENU - breakfast menu is subject to change without notice.

Offered Monday -Friday Choice of: Cereal, Muffins, Breakfast Sandwiches, Chef's Choice

Available with Breakfast - Assorted Fruit & Milk Choices
 Students may take up to 2 fruits with their breakfast
 Fruit Choices: Cupped or 100% Juice
 Milk Choices: 1% & 1% Chocolate



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