

Solvay High School Menu

USDA and Solvay UFSD are an equal opportunity provider and employer.



FREE BREAKFAST & LUNCH FOR ALL

Elementary, Middle & High School Students

LUNCH MENU – Lunch menu is subject to change without notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Daily Alternate Entree Choice: Made-to-Order Deli Bar/ Pizza Variety Chicken Patty Sandwich Peanut Butter & Jelly or Cheese Sandwich Chef's Choice		1 Pasta w/Meat Sauce Garlic Bread Broccoli Romaine Spinach Salad Assorted Fruit Choice	2 Burger Day Plain or w/cheese WG Bun Bush's BBQ Beans Carroteenies Assorted Fruit Choice	3 WG French Bread Pizza Green Beans Romaine Spinach Salad Assorted Fruit Choice
6 French Toast Sticks Sausage Patty Tator Tots Frech Carrots Assorted Fruit Choice	7 Shrimp Poppers Cheesy Bread stick Corn Assorted Fruit Choice	8 Mac & Cheese WG Mini Roll Peas Romaine Spinach Salad Assorted Fruit Choice	9 Soft Beef Taco WG Corn Bread Refried Beans Fresh Carrots Assorted Fruit	10 WG Stuffed Crust Pizza Mixed Veggies Romaine Spinach Salad Assorted Fruit Choice
 13 Staff Development Day	14 Toasted Cheese Sandwich Campbell's Tomato Soup Green Beans Assorted Fruit Choice	15 Chicken Parmesan WG Bun Broccoli Fresh Carrots Assorted Fruit Choice	16 Taco Tostitos Chips WG Corn Bread Corn Assorted Fruit Choice	17 Pizza Round French Fries Steamed Carrots Assorted Fruit Choice
20 Pulled Pork Sandwich WG Bun Peas French Fries Assorted Fruit Choice	21 Chicken Fajita Wrap Peppers & Onions Corn Refried Beans Assorted Fruit Choice	22 Pasta w/Meat Sauce Garlic Bread Green Beans Romaine Spinach Salad Assorted Fruit Choice	23 Chicken Tenders w/ Sauce WG Dinner Roll Mixed Veggies Fresh Carrots Assorted Fruit Choice	24 Pizza Crunchers Marinara Sauce Broccoli Romaine Spinach Salad Assorted Fruit Choice
27 Burger Day Plain or w/cheese WG Bun Green Beans Assorted Fruit Choice	28 General Tso's Chicken Brown Rice Broccoli Assorted Fruit Choice	29 Mac & Cheese WG Mini Roll Peas Romaine Spinach Salad Assorted Fruit Choice	30 Nachos Grande Beef & Cheese Refried Beans WG Corn Bread Assorted Fruit	31 WG Stuffed Crust Pizza Mixed Veggies Romaine Spinach Salad Assorted Fruit Choice

BREAKFAST MENU – breakfast menu is subject to change without notice.

Offered Monday -Friday Choice of: Cereals, Muffins, Breakfast Sandwiches, Chefs Choice



Available with Breakfast – Assorted Fruit & Milk Choices
 Students may take up to 2 fruits with their breakfast
 Fruit Choices: Cupped or 100% Juice
 Milk Choices: 1% & 1% Chocolate



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