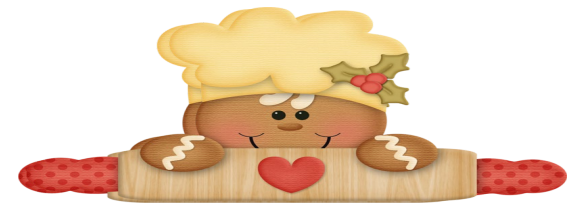


# Solvay Middle School Menu

USDA and Solvay UFSD are an equal opportunity provider and employer.



**FREE BREAKFAST & LUNCH  
FOR ALL**  
Elementary, Middle & High School Students

LUNCH MENU - Lunch menu is subject to change without notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Daily Alternate Entree Choice: Made-to-Order Deli Bar Entrée Salads Peanut Butter & Jelly or Cheese Sandwich Chef's Choice			1 Shrimp Poppers Mozzarella Stick French Fries Fresh Carrots	2 WG French Bread Pizza Steamed Carrots Romaine Spinach Salad Assorted Fruit Choice
5 Chicken/Bacon Ranch Sandwich on WG Bun Tator Tots Steamed Corn Assorted Fruit Choice	6 Burger Day Plain or w/cheese WG Bun Bush's BBQ Beans Carroteenies Assorted Fruit Choice	7 Mac & Cheese WG Mini Roll Peas Romaine Spinach Salad Assorted Fruit Choice	8 Shepherds' Pie WG Dinner Roll Mashed Potatoes Corn Assorted Fruit Choice	9 WG Pizza Crunchers Marinara Sauce Broccoli Romaine Spinach Salad Assorted Fruit Choice
12 Chicken Poppers WG Mini Roll Fresh Carrots BBQ Beans Assorted Fruit Choice	13 Toasted Cheese Sandwich Campbell's Tomato Soup Green Beans Assorted Fruit Choice	14 Pasta w/Meat Sauce WG Dinner roll Broccoli Assorted Fruit Choice	15 Chicken & Gravy WG Biscuit Steamed Carrots Assorted Fruit Choice	16 WG Stuffed Crust Pizza Mixed Veggies Romaine Spinach Salad Assorted Fruit Choice
19 General Tso's Chicken Brown Rice Dinner Roll Broccoli Assorted Fruit Choice	20 Taco Tostitos Chips WG Corn Bread Refried Beans Corn Assorted Fruit Choice	21 Chicken Parmesan Sandwich on WG Roll Mixed Veggies Romaine Spinach Salad Assorted Fruit Choice	22 Hot Dog WG Roll Baked Beans French Fries Assorted Fruit Choice	23 WG Pizza Round Broccoli Romaine Spinach Salad Assorted Fruit Choice



BREAKFAST MENU - breakfast menu is subject to change without notice.

**Offered Monday -Friday Choice of: Cereals, Muffins, Breakfast Sandwiches, Chefs Choice**

Available with Breakfast - Assorted Fruit & Milk Choices  
Students may take up to 2 fruits with their breakfast  
Fruit Choices: Cupped or 100% Juice  
Milk Choices: 1% & 1% Chocolate

