


Solvay High School Menu

USDA and Solvay UFSD are an equal opportunity provider and employer.



**FREE BREAKFAST & LUNCH
FOR ALL**
Elementary, Middle & High School Students

LUNCH MENU - Lunch menu is subject to change without notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Available Daily Pizza Variety, Chef's Choice, Made to Order Deli Bar, Chicken Patty or Spicy Chicken Sandwich Entree Salad, Yogurt Parfait meal PB&J, Cheese & Cracker Meal		Available with Lunch- Assorted Fruit and Milk Choice. Students may take up to 2 fruits with their lunch. Fruit choices: fresh and canned. Milk Choices: Skim, 1% and Fat Free Chocolate		
2 Chicken/Bacon Ranch Sandwich on WG Bun Tator Tots Steamed Corn Assorted Fruit Choice	3 Burger Day Plain or w/cheese WG Bun BBQ Beans Carroteenies Assorted Fruit Choice	4 Mac & Cheese WG Dinner Roll Peas Romaine Spinach Salad Assorted Fruit Choice	5 Chicken Tenders w/ Sauce WG Dinner Roll Mixed Veggies Fresh Carrots Assorted Fruit Choice	6 WG Pizza Crunchers Marinara Sauce Broccoli Romaine Spinach Salad Assorted Fruit Choice
9 Chicken Nachos w/Cheese Tostitos Chips Carrots Black Beans Assorted Fruit Choice	10 Toasted Cheese Sandwich Campbell's Tomato Soup Green Beans Assorted Fruit Choice	11 Pasta w/Meat Sauce WG Garlic Bread Broccoli Assorted Fruit Choice	12 Chicken & Gravy WG Biscuit Steamed Carrots Assorted Fruit Choice	13 WG French Bread Pizza Corn Romaine Spinach Salad Assorted Fruit Choice
16 General Tso's Chicken Brown Rice Dinner Roll Broccoli Assorted Fruit Choice	17 Beef Taco Tostitos Chips Corn Bread Refried Beans Corn Assorted Fruit Choice	18 Pulled Pork "Totchos" w/Cheese Romaine Spinach Salad Black Beans Assorted Fruit Choice	19 Chicken & Waffles (Chicken tenders & WG Waffle) Mixed Veggies Assorted Fruit Choice	20 WG Stuffed Crust Pizza Potato Wedges Green Beans Assorted Fruit Choice



BREAKFAST MENU - breakfast menu is subject to change without notice.

Monday -Friday Choice of: Cereals, Muffins, Breakfast Sandwiches, Chefs Choice

Available with Breakfast - Assorted Fruit & Milk Choices
Students may take up to 2 fruits with their breakfast
Fruit Choices: Cupped or 100% Juice
Milk Choices: 1% & 1% Chocolate



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