





Solvay Middle School Menu

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**FREE BREAKFAST & LUNCH
FOR ALL**
Elementary, Middle & High School Students

LUNCH MENU - Lunch menu is subject to change without notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 French Toast Sticks Sausage Patty Hash Brown Patty Fresh Carrots Assorted Fruit Choice	2 Shrimp Poppers Cheesy Bread stick Corn Assorted Fruit Choice	3 Mac & Cheese WG Mini Roll Peas Romaine Spinach Salad Assorted Fruit Choice	4 Soft Beef Taco WG Corn Bread Refried Beans Fresh Carrots Assorted Fruit	5 WG Stuffed Crust Pizza Mixed Veggies Romaine Spinach Salad Assorted Fruit Choice
8 Chicken Nuggets Dinner Roll French Fries Carroteenies Assorted Fruit Choice	9 Chicken Fajita Wrap Peppers & Onions Corn Rice Assorted Fruit Choice	10 Pasta w/Meat Sauce Garlic Bread Green Beans Romaine Spinach Salad Assorted Fruit Choice	11 Chicken Sundae Chicken Poppers, Mashed Potatoes, Corn & Gravy WG Dinner Roll Fresh Carrots Assorted Fruit	12 Pizza Crunchers Marinara Sauce Broccoli Romaine Spinach Salad Assorted Fruit Choice
15 Chicken Poppers w/ Sauce WG Dinner Roll Mixed Veggies Fresh Carrots Assorted Fruit Choice	16 Toasted Cheese Sandwich Campbell's Tomato Soup Green Beans Assorted Fruit Choice	17 Chicken Parmesan WG Bun Broccoli Fresh Carrots Assorted Fruit Choice	18 Beef Nachos Tostitos Chips WG Corn Bread Black Beans Carroteenies Assorted Fruit Choice	19 Pizza Round Corn Romaine Spinach Salad Assorted Fruit Choice
22 	23 	24 April Break April 22-26	25 	26 
29 Burger on WG Bun w/ American Cheese French Fries Baked Beans Assorted Fruit Choice	30 General Tso's Chicken Dinner Roll Brown Rice Broccoli Assorted Fruit Choice	Alternate Entree Choice: Made-to-Order Deli Bar Entrée Salads Peanut Butter & Jelly or Cheese Sandwich Chef's Choice		Available with Lunch: Assorted Fruit: (Canned and Fresh) Assorted Milk Choices: (Skim, 1% White, FF Chocolate)

BREAKFAST MENU - breakfast menu is subject to change without notice.

Offered Monday -Friday Choice of: Cereals, Muffins, Chefs Choice

Available with Breakfast - Assorted Fruit & Milk Choices

Students may take up to 2 fruits with their breakfast

Fruit Choices: Cupped or 100% Juice

Milk Choices: 1% & 1% Chocolate



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