

Solvay High School Menu

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LUNCH MENU - Lunch menu is subject to change without notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Alternate Entree Choices Made-to-Order Deli Bar/ Pizza Variety Chicken Patty or Spicy Chicken Sandwich Peanut Butter & Jelly / Cheese Tray Meal Fruit Parfait Lunch/ Chef's Choice</p>		<p>1 April Break March 30- April 3</p>		
<p>6 Chicken Poppers w/ Dippin Sauce Dinner Roll Mashed Potatoes Broccoli Assorted Fruit Choice</p>	<p>7 French Toast Sticks Sausage Patty Hash Brown Patty Carroteenies Assorted Fruit Choice</p>	<p>8 Macaroni & Cheese Dinner Roll Green Beans Romaine Spinach Salad Assorted Fruit Choice</p>	<p>9 Soft Beef Taco WG Cornbread Black Beans Steamed Corn Assorted Fruit Choice</p>	<p>10 Pizza Crunchers Marinara Sauce Mixed Vegetables Romaine Spinach Salad Assorted Fruit Choice</p>
<p>13 General Tso's Chicken Brown Rice Dinner Roll Broccoli Assorted Fruit Choice</p>	<p>14 Toasted Cheese Sandwich Tomato Soup Green Beans Assorted Fruit Choice</p>	<p>15 Pasta w/Meatsauce Garlic Bread Carroteenies Romaine Spinach Salad Assorted Fruit Choice</p>	<p>16 Chicken Burrito Bowl w/Rice, Black Beans, Corn & Cheese Tortilla chips Assorted Fruit Choice</p>	<p>17 Homemade Chicken Wing or Cheese Pizza Green Beans Romaine Spinach Salad Assorted Fruit Choice</p>
<p>20 Chicken Tenders WG Dinner Roll Potato Wedges Carroteenies Assorted Fruit Choice</p>	<p>21 Chicken Fajita Wrap w/Peppers & Onions Shredded Cheese Black Beans Assorted Fruit Choice</p>	<p>22 Chicken Riggies WG Garlic Bread Peas Romaine Spinach Salad Assorted Fruit Choice</p>	<p>23 Beef Nachos Grande w/ Tostito Chips Cornbread Refried Beans Assorted Fruit Choice</p>	<p>24 Homemade Mexican or Cheese Pizza Green Beans Romaine Spinach Salad Assorted Fruit Choice</p>
<p>27 Shrimp Poppers Cheesy Breadstick Steamed Corn Assorted Fruit Choice</p>	<p>28 Chicken Sundae Bowl Chicken Poppers Mashed potatoes w/ gravy Corn Dinner Roll Assorted Fruit Choice</p>	<p>29 Homemade BBQ Pulled Pork Sandwich Tator Totos Baked Beans Romaine Spinach Salad Assorted Fruit Choice</p>	<p>30 Hot Meatball Sub w/ Cheese French Fries Fresh Carrots Green Beans Assorted Fruit Choice</p>	<p>Available with LUNCH - Assorted Fruit & Milk Choices Fruit Choices: canned and fresh Milk Choices: 1% and 1% Chocolate</p>

BREAKFAST MENU - breakfast menu is subject to change without notice.

Offered Monday -Friday Choice of: Cereal ,Muffins,Breakfast Sandwiches, Chef's Choice

Available with Breakfast - Assorted Fruit & Milk Choices
Students may take up to 2 fruits with their breakfast
Fruit Choices: Cupped or 100% Juice
Milk Choices: 1% & 1% Chocolate



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