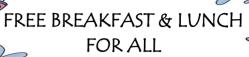
Solvay High School Menu

USDA and Solvay UFSD are an equal opportunity provider and employer.



2024



Elementary, Middle & High School Students





LUNCH MENU - Lunch menu is subject to change without notice.				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
French Toast Sticks	Shrimp Poppers	Mac & Cheese	Soft Beef Taco	WG Stuffed Crust Pizza
Sausage Patty	Cheesy Bread stick	WG Mini Roll	WG Corn Bread	Mixed Veggies
Hash Brown Patty	Corn	Peas	Refried Beans	Romaine Spinach Salad
Fresh Carrots	Assorted Fruit Choice	Romaine Spinach Salad	Fresh Carrots	Assorted Fruit Choice
Assorted Fruit Choice		Assorted Fruit Choice	Assorted Fruit	
8	9	10	11	12
Chicken Tenders	Chicken Fajita Wrap	Pasta w/Meat Sauce	Chicken Sundae	Pizzą Crunchers
Dinner Roll	Peppers & Onions	Garlic Bread	Chicken Poppers, Mashed	Marinara Sauce
French Fries	Corn	Green Beans	Potatoes, Corn & Gravy	Broccoli
Carroteenies	Rice	Romaine Spinach Salad	WG Dinner Roll	Romaine Spinach Salad
Assorted Fruit Choice	Assorted Fruit Choice	Assorted Fruit Choice	Fresh Carrots	Assorted Fruit Choice
			Assorted Fruit	
15	16	17	18	19
Chicken Poppers w/ Squce	Toasted Cheese Sandwich	Chicken Parmesan	Carnita Pulled Pork Burrito	Pizzą Round
WG Dinner Roll	Campbell's Tomato Soup	WG Bun	with Cheese & Salsa	Corn
Mixed Veggies	Green Beans	Broccoli	Rice	Romaine Spinach Salad
Fresh Carrots	Assorted Fruit Choice	Fresh Carrots	Black Beans	Assorted Fruit Choice
Assorted Fruit Choice		Assorted Fruit Choice	WG Cornbread	
			Assorted Fruit Choice	
22	23	24	25	26
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29	30	Daily Alternate Entree Choice:		Available with Lunch:
Bacon/ Cheese Burger	General Tso's Chicken			Assorted Fruit:

BREAKFAST MENU - breakfast menu is subject to change without notice.

Made-to-Order Deli Bar/ Pizza Variety

Chicken Patty or Spicy Chicken Sandwich

Peanut Butter & Jelly / Cheese Tray Meal

Fruit Parfait Lunch / Chef's Choice

Offered Monday - Friday Choice of: Cereals, Muffins, Breakfast Sandwiches, Chefs Choice



Dinner Roll

Brown Rice

Broccoli

Assorted Fruit Choice

WG Bun

French Fries

Baked Beans

Assorted Fruit Choice

Available with Breakfast - Assorted Fruit & Milk Choices Students may take up to 2 fruits with their breakfast Fruit Choices: Cupped or 100% Juice Milk Choices: 1% & 1% Chocolate



(Canned and Fresh)

Assorted Milk Choices:

(Skim, 1% White,

FF Chocolate)