

# Solvay High School Menu

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## LUNCH MENU - Lunch menu is subject to change without notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 French Toast Sticks Sausage Patty Hash Brown Patty Fresh Carrots Assorted Fruit Choice	2 Shrimp Poppers Cheesy Bread stick Corn Assorted Fruit Choice	3 Mac & Cheese WG Mini Roll Peas Romaine Spinach Salad Assorted Fruit Choice	4 Soft Beef Taco WG Corn Bread Refried Beans Fresh Carrots Assorted Fruit	5 WG Stuffed Crust Pizza Mixed Veggies Romaine Spinach Salad Assorted Fruit Choice
8 Chicken Tenders Dinner Roll French Fries Carroteenies Assorted Fruit Choice	9 Chicken Fajita Wrap Peppers & Onions Corn Rice Assorted Fruit Choice	10 Pasta w/Meat Sauce Garlic Bread Green Beans Romaine Spinach Salad Assorted Fruit Choice	11 Chicken Sundae Chicken Poppers, Mashed Potatoes, Corn & Gravy WG Dinner Roll Fresh Carrots Assorted Fruit	12 Pizza Crunchers Marinara Sauce Broccoli Romaine Spinach Salad Assorted Fruit Choice
15 Chicken Poppers w/ Sauce WG Dinner Roll Mixed Veggies Fresh Carrots Assorted Fruit Choice	16 Toasted Cheese Sandwich Campbell's Tomato Soup Green Beans Assorted Fruit Choice	17 Chicken Parmesan WG Bun Broccoli Fresh Carrots Assorted Fruit Choice	18 Carnita Pulled Pork Burrito with Cheese & Salsa Rice Black Beans WG Cornbread Assorted Fruit Choice	19 Pizza Round Corn Romaine Spinach Salad Assorted Fruit Choice
22 	23 	24 <b>April Break</b> April 22-26	25 	26 
29 Bacon/ Cheese Burger WG Bun French Fries Baked Beans Assorted Fruit Choice	30 General Tso's Chicken Dinner Roll Brown Rice Broccoli Assorted Fruit Choice	Daily Alternate Entree Choice:  Made-to-Order Deli Bar/ Pizza Variety Chicken Patty or Spicy Chicken Sandwich Peanut Butter & Jelly / Cheese Tray Meal Fruit Parfait Lunch / Chef's Choice		Available with Lunch: Assorted Fruit: (Canned and Fresh) Assorted Milk Choices: (Skim, 1% White, FF Chocolate)

## BREAKFAST MENU - breakfast menu is subject to change without notice.

### Offered Monday -Friday Choice of: Cereals, Muffins, Breakfast Sandwiches, Chefs Choice



Available with Breakfast - Assorted Fruit & Milk Choices  
Students may take up to 2 fruits with their breakfast  
Fruit Choices: Cupped or 100% Juice  
Milk Choices: 1% & 1% Chocolate



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