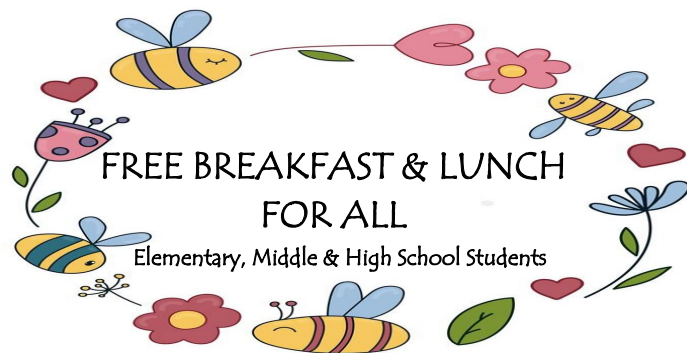


# Solvay Elementary School Menu




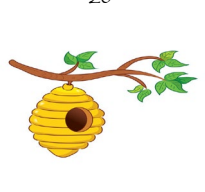
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## FREE BREAKFAST & LUNCH FOR ALL

Elementary, Middle & High School Students

LUNCH MENU - Lunch menu is subject to change without notice.

| MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY   |
|---|---|--|--|--|
| 1<br>French Toast Sticks<br>Sausage Patty<br>Hash Brown Patty<br>Fresh Carrots<br>Assorted Fruit Choice     | 2<br>Shrimp Poppers<br>Cheesy Bread stick<br>Corn<br>Assorted Fruit Choice                      | 3<br>Mac & Cheese<br>WG Mini Roll<br>Peas<br>Romaine Spinach Salad<br>Assorted Fruit Choice  | 4<br>Soft Beef Taco<br>WG Corn Bread<br>Refried Beans<br>Fresh Carrots<br>Assorted Fruit                                       | 5<br>WG Stuffed Crust Pizza<br>Mixed Veggies<br>Romaine Spinach Salad<br>Assorted Fruit Choice                                       |
| 8<br>Chicken Nuggets<br>Dinner Roll<br>French Fries<br>Carroteenies<br>Assorted Fruit Choice                | 9<br>Chicken Fajita Wrap<br>Peppers & Onions<br>Corn<br>Rice<br>Assorted Fruit Choice           | 10<br>Pasta w/Meat Sauce<br>Garlic Bread<br>Green Beans<br>Romaine Spinach Salad<br>Assorted Fruit Choice  | 11<br>Chicken Sundae<br>Chicken Poppers, Mashed<br>Potatoes, Corn & Gravy<br>WG Dinner Roll<br>Fresh Carrots<br>Assorted Fruit | 12<br>Pizza Crunchers<br>Marinara Sauce<br>Broccoli<br>Romaine Spinach Salad<br>Assorted Fruit Choice                                |
| 15<br>Chicken Poppers w/ Sauce<br>WG Dinner Roll<br>Mixed Veggies<br>Fresh Carrots<br>Assorted Fruit Choice | 16<br>Toasted Cheese Sandwich<br>Campbell's Tomato Soup<br>Green Beans<br>Assorted Fruit Choice | 17<br>Chicken Parmesan<br>WG Bun<br>Broccoli<br>Fresh Carrots<br>Assorted Fruit Choice   | 18<br>Beef Nachos<br>Tostitos Chips<br>WG Corn Bread<br>Black Beans<br>Carroteenies<br>Assorted Fruit Choice                   | 19<br>Pizza Round<br>Corn<br>Romaine Spinach Salad<br>Assorted Fruit Choice  |
| 22<br>                    | 23<br>       | 24<br><b>April Break</b><br><b>April 22-26</b>   | 25<br>                                    | 26<br>  |
| 29<br>Burger on WG Bun<br>w/ American Cheese<br>French Fries<br>Baked Beans<br>Assorted Fruit Choice        | 30<br>General Tso's Chicken<br>Dinner Roll<br>Brown Rice<br>Broccoli<br>Assorted Fruit Choice   | <b>Alternate Entree Choice:</b><br>Monday- Tuna<br>Tuesday-Turkey & Cheese<br>Wednesday- Ham & Cheese<br>Thursday & Friday- Chef's Choice<br>Peanut Butter & Jelly and Cheese Sandwich Available Daily |  | <b>Available with Lunch:</b><br>Assorted Fruit:<br>(Canned and Fresh)<br>Assorted Milk Choices:<br>(Skim, 1% White,<br>FF Chocolate) |

BREAKFAST MENU - breakfast menu is subject to change without notice.

## Offered Monday -Friday Choice of: Cereals, Muffins, Chefs Choice

Available with Breakfast - Assorted Fruit & Milk Choices

Students may take up to 2 fruits with their breakfast

Fruit Choices: Cupped or 100% Juice

Milk Choices: 1% & 1% Chocolate



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