## SOLVAY SCHOOLS

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## Dear Parents/Guardians:

You have likely heard about the Netflix series, 13 Reasons Why, which is gaining a lot of publicity within both traditional and social media outlets.

Based upon a book written in 2007, the story line is about a high school student who commits suicide, leaving behind 13 tapes for those who contributed to that ultimate decision. The series is graphic and has caused concern among mental health professionals around the nation.

Regardless, it is a vivid reminder to the importance of conversation with our children. While there exists much debate about 13 Reasons Why, it is fair to say that the series has created conversation within households and schools about a difficult topic. If you choose to allow your child to watch the series, we encourage you to view with him/her and take time to discuss the series at home.

Our counselors, social workers and school psychologists stand ready to help in any way possible and welcome your calls for assistance.

**Helpful Resources:** 

CONTACT Suicide, crisis, and telephone counseling 315-251-0600

National Suicide Hotline 1-800-273-TALK (8255)

Lifeline Crisis Chat <a href="http://www.crisischat.org/">http://www.crisischat.org/</a>

National Suicide Prevention Lifeline Online Chat https://suicidepreventionlifeline.org/

Talking points for parents/educators to use with kids <a href="https://www.jedfoundation.org/13-reasons-why-talking-points/">https://www.jedfoundation.org/13-reasons-why-talking-points/</a>

National Association of School Psychologists (NASP) "13 Reasons Why" Netflix Series: Considerations for Educators

http://www.nasponline.org/resources-and-publications/resources/school-safety-and-crisis/preventing-youth-suicide/13-reasons-why-netflix-series-considerations-for-educators

Thank you for your continued support.

Yours in Education,

Lawrence Wright

Superintendent of Schools